

# YEAR 11 TRANSITION RESOURCES

**Subject:** Sport

**Level:** Level 2 and Level 3 Courses

**Focus for this fortnight:** Performance assessment

**Please send questions / queries:** cmaskell@eastleigh.ac.uk

## Knowledge

Level 3 & 2

Many roles, when working in sport require you to assess performance. This may be as a coach, a leader or indeed a manager. Having knowledge to carry out assessments correctly will be a valuable asset.

Research and answer the following questions:

What are the types of sports performance assessment methods that can be carried out?  
Which assessment method would be best for a team?  
Which assessment method would be best for an individual?

## Skills

Having researched various performance assessment methods you must now carry out the following.

Level 2 learners - You must produce a clear template and use it to assess the performance of an individual or team in a sport of your choosing. This requires you to find some footage of a match, race, event etc.

Level 3 learners - You must produce two clear templates and use them to assess the performance of an individual and a team in a sport of your choosing. This requires you to find some footage of a match, race, event etc.

The resources below will help both levels with ideas.

[https://learnzone.loucoll.ac.uk/sportres/CourseGenie/Sport/2009-10/AASENatCert/NC26\\_TechnicalAndTacticalSkillsInSport/NC\\_TechnicalTacticalSkills\\_02Mod/NC\\_TacticalTechnicalSkills\\_02Mod\\_02.htm](https://learnzone.loucoll.ac.uk/sportres/CourseGenie/Sport/2009-10/AASENatCert/NC26_TechnicalAndTacticalSkillsInSport/NC_TechnicalTacticalSkills_02Mod/NC_TacticalTechnicalSkills_02Mod_02.htm)

To view - copy the above link into your toolbar please.

## Behaviours

Behaviours in this task links to our expectations that students are honest and objective.

Both level 2 and 3 students will need to show honesty when assessing their chosen sports performer and/or team.

Being objective means using facts where possible, so when using your assessment method think about how you would prove what you have completed, rather than using your opinion only.